

SPAS TO GO

Aromatherapy facial, hot stone massage, seaweed mud wrap—all in the comfort of your vacation resort. A fantasy reserved for the rich and famous? Not anymore. Mobile spas offer roving relaxation at homes and hotel rooms.

Most mobile spas are small, individually owned operations, dispatching licensed, uniformed professionals able to perform massages, manicures, facials, or other luxury treatments such as waxing or reflexology. San Diego-based PUUR Spa technicians carry all their own equipment, including massage tables, elegant linens, and music.

“The way people spa today is changing,” says Elisa Muchmore of Arizona Mobile Spa, which serves the Phoenix area. “With everything else going mobile—

pet grooming, coffee vendors, grocery shopping—why not a mobile spa?”

Peripatetic spas usually require 24-hour notice, but even house-call pricing remains competitive with chic day spas. Boston’s mobileSPA offers seaweed body wraps for \$90. A one-hour hot stone foot treatment (\$120) provided by Quiet Beauty Mobile Spa in Long Beach, California, is perfect after a day of hiking. Or consider a Euro Facial (\$115) including Jojoba exfoliation, soothing mask, and a neck and shoulder massage from Arizona Mobile Spa. To find a mobile spa, Google “mobile spa” plus your desired location or check out www.puurspa.com (click on “Find a Spa”), which maintains a list of mobile operations across the country.

—*Laura Daily*

